



FOR IMMEDIATE RELEASE

**NPR's 'Hidden Brain' Wins American Psychoanalytic Association's
2019 Journalism Award**

New York, NY (February 07, 2019) – The American Psychoanalytic Association (APsAA) will present its 2019 **Award for Excellence in Journalism** to NPR's *Hidden Brain* podcast. The episode "Why Now", which aired on February 5, 2018, was selected for its profound analysis of the psychological forces behind the #MeToo movement.

"This excellent piece of journalism is an inspiration to women who are wondering, perhaps struggling with whether to speak up about sexual harassment. Using concepts from social psychology, this poignant report explains why accusations of sexual harassment have finally gained traction." said Sue Kolod, Ph.D. chair of the Association's Committee on Public Information.

The Award for Excellence in Journalism recognizes professional reporting that offers a deeper understanding of human behavior, or of the mind, or of a societal issue. It will be presented at 5:15 p.m. on Friday, February 8, during the American Psychoanalytic Association's 2019 National Meeting, taking place at the New York Hilton Hotel in New York City.

"Telling the stories of women whose voices have been ignored in the past was powerfully moving to our team," said Tara Boyle, the supervising producer of *Hidden Brain*. "We were also proud to present research and ideas that, perhaps, will help us to understand the past -- and lead to better outcomes in the future."

The Award for Excellence in Journalism is given out annually and is accompanied by a \$1,000 prize. To be eligible, work must have been written in English and intended for the layperson. Entries for the 2019 award must have been published between July 1, 2017 and June 30, 2018. Eligibility and submission requirements can be found at apsa.org.

About The American Psychoanalytic Association

The American Psychoanalytic Association is a professional organization of psychoanalysts with approximately 3,000 members. The Association is comprised of psychiatrists, psychologists, social workers, educators, researchers and students who have an interest in psychoanalysis and psychoanalytic therapy. Visit apsa.org for more information.

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