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## Story Tellers

Bob Pyles

Once upon a very, very long time in human history, the storyteller was “the keeper of the keys” in terms of human culture and experience. We have gradually departed from those roots and in so doing have certainly lost our “mind” and perhaps our soul as well.

My first experience in the art of the master storyteller was when I had the good fortune to have William Faulkner as a writer-in-residence during my years at the University of Virginia. The first book we were assigned was *The Sound and the Fury*. The first 90 pages of this remarkable book consist of what is quite literally free association in the mind of a retarded young man. I struggled with reading and re-reading it, knowing I was going to be tested on it. However, after discussing it with Faulkner, I finally got the idea. I re-read it once again and just let the affect and the wonderful words flow over me like a warm wave, and I understood.

A few years later when I started my psychiatric residency at Mass Mental Health in Boston, we were greeted by a legendary teacher of national fame, Elvin Semrad. On the first day Semrad gathered all 22 of us residents in his office. We had been to our wards and knew that we were going to be taking care of 50 of what were certainly the most disturbed people I had ever seen. Semrad smiled his Buddha-like smile and said, “Well I guess you’re all wondering what articles you should be reading to help you in this work.

The answer is none. If you want to know what this is all about, go find the sickest person on the ward and sit with him or her for as long as you can stand it.” Semrad went on, “What you have to understand is that what may seem to be bizarre symptoms to you do not seem at all bizarre to them. In fact, they have evolved these symptoms as a way of coping with impossible family situations. These symptoms represent a creative adaptive endeavor. They are a work of art as much as any other work of art. Your job, and your only job, is to appreciate all these wonderful stories you are going to be hearing.” Those words of wisdom have never left me.

At the 2013 National Meeting of our Association we had a double treat that I am sharing with you in this issue of *TAP*. We had our own Newell Fischer, past president of our Association and a supervising and training analyst at the Center for Psychoanalysis in Philadelphia. Newell has written a marvelous book, entitled *Nine Lives*, about nine of his psychotherapy patients. Full of compassion, he recounts the stories of his patients and the psychodynamic process that helped to heal them. The book has been very well received by the public, the media, and was certainly well received in his presentation. [See “*Nine Lives: A View from Within*,” page 3.]

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Bob Pyles, M.D., is president of the American Psychoanalytic Association.

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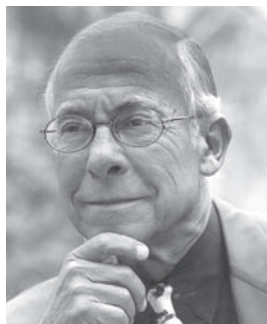
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# Nine Lives: A View from Within

Newell Fischer



Newell Fischer

A reporter came to my office a year ago to interview me for an article in the *Philadelphia City Paper*. This young woman seemed sophisticated and intelligent. She knew

I was a psychoanalyst and despite the many pithy *New Yorker* magazine cartoons, she was amazed and bewildered when she saw my analytic couch. She thought psychoanalysis and the use of the couch were abandoned around 1940.

I wrote my book *Nine Lives: A View from Within* in an attempt to convey to the layperson some of our therapeutic work as analysts and to underscore the profound value of intensive psychoanalytic treatment. I did not want to write “fairy tales”—that is, that all our patients gain insight and live happily ever after—but to convey some of the experiences, pain, and struggles that unfold in our offices.

Mystification, idealization, and derision have often characterized the view of our efforts. Whereas some of these attitudes represent transference distortions, our highly touted “splendid isolation” and our obtuse jargon (shorthand codes), have contributed to this perception. These views of what we do therapeutically and who we are as mental health professionals have not been helpful. *Nine Lives* is an attempt to better understand aspects of the human

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Newell Fischer, M.D., *APsaA* past president, is clinical professor of psychiatry, University of Pennsylvania School of Medicine; psychoanalyst of adults, children and adolescents; training and supervising psychoanalyst, Philadelphia Psychoanalytic Center; and past president, director of psychiatry, Institute of Pennsylvania Hospital.

condition and to shed light on the process and the struggle we confront daily in psychoanalytic treatments.

Below is an excerpt from the Introduction to *Nine Lives*.

I have worked as a psychiatrist and psychoanalyst for nearly 50 years and I have consulted on and treated hundreds of patients. I have never met an Alien—someone who was beyond the boundaries of human understanding. Every person is unique, every case offers mysteries and surprises, but the common thread reflecting the human condition has always been visible. Some presentations at first appear extreme or even bizarre, but the underlying conflicts and the haunting demons my patients bring, I know “in my bones” because they reflect shared human conundrums. Unfortunately, for some, these challenges lead to emotional dysfunction, great pain, and suffering.

## IN THE FOOTSTEPS OF HARRY STACK SULLIVAN AND WALT C. KELLY

The well-known American psychiatrist, Harry Stack Sullivan, worked with very ill psychotic patients for many years and emerged from the experience observing, “Man is more human than otherwise.” Stated less elegantly and paraphrasing the comic POGO, “We have met them [our patients] and they are us.” If we look deeply into another person’s eyes we see ourselves. Sometimes that which we see leads to a sense of kinship. At other times, the reflection can be frightening, promote interpersonal detachment and self-alienation. Introspection, immersion, sensitivity, and a bit of courage will help the reader recognize himself in the clinical material to be presented. Such recognition may be enlightening.

To shed light on the human condition and to underscore how we all share this condition of being human, I will tell you the stories of nine patients (carefully disguised for confidentiality) whom I have treated in intensive insight-oriented psychotherapy. Their stories are dramatic and valuable. Of course, I can only relate fragments of their

narratives, but I will tell you about the most vivid moments and hours I spent with these people and the times that were most alive and real for me. Though their past histories and surrounding life events helped me understand the moments we shared, such background was once removed from my immediate experience. It was my contact with these nine people that was intense, rewarding, and unforgettable.

Reflecting the human condition, these individuals struggled in life, largely with painful inner conflicts and battles with childhood fantasies and traumata. However, the resolutions they came to did not work for them. They were left with emotional pain and patterns that were self-defeating and compromised their potential for living a fuller life.

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## Story Tellers

*Continued from page 1*

The second treat was by Stephen Grosz who discussed his book as part of the Presidential Symposium, also telling the stories of his patients. It is entitled *The Examined Life: How We Lose and Find Ourselves*.



Bob Pyles

Grosz has been a practicing psychoanalyst for more than 25 years and teaches at the Institute of Psychoanalysis in London. This is his first book and has received glowing reviews. It is a *Sunday Times* of London best seller and has been named a 2013 Book of the Year no fewer than 15 times by critics at leading publications, including the *New York Times*. [See “How We Can Be Possessed by a Story That Cannot Be Told,” page 7.]

Both Fischer’s and Grosz’s books are marvels of human warmth and clinical intelligence. They are certainly a must read for any psychoanalytic training program as well as for the general public. I invite you to enter their world.

APSA

# Training and Supervising Analyst Appointments Announced

By the Board on Professional Standards

January 15, 2014

2014 National Meeting, Waldorf Astoria Hotel

## Training and Supervising Analysts

Nancy Blieden, Ph.D.  
Michigan Psychoanalytic Institute  
Andrea Celenza, Ph.D.  
Boston Psychoanalytic Society and Institute  
Margarita Cereijido, Ph.D.  
Washington Center for Psychoanalysis  
Sally A. Davis, Ph.D.  
Center for Psychoanalytic Studies (Houston)  
Ethan M. Grumbach, Ph.D.  
New Center for Psychoanalysis (Los Angeles)  
Oscar F. Hills, M.D.  
Western New England Institute for Psychoanalysis  
H. Randall Matthews, M.D., Ph.D., J.D.  
Center for Psychoanalytic Studies (Houston)  
Joanne Naegele, M.A., LPCC-S  
Cleveland Psychoanalytic Center  
Robert M. Smith, M.D.  
New York Psychoanalytic Society and Institute

Neal Spira, M.D.  
Chicago Institute for Psychoanalysis

## Geographic Rule Supervising Analysts

Salman Akhtar, M.D.  
Florida Psychoanalytic Institute  
Stephen B. Bernstein, M.D.  
Florida Psychoanalytic Institute  
Richard G. Honig, M.D.  
Western New England Institute for Psychoanalysis  
Daniel H. Jacobs, M.D.  
Florida Psychoanalytic Institute

## Child and Adolescent Supervising Analysts

Alexander D. Kalogerakis, M.D.  
New York Psychoanalytic Society and Institute  
Pamela Meersand, Ph.D.  
Columbia University Center for  
Psychoanalytic Training and Research  
Jill M. Miller, Ph.D.  
Washington Psychoanalytic Center

## Child and Adolescent Supervising Analysts

The Cleveland Psychoanalytic Center/  
Hanna Perkins Center Child-Focused Program

Devra B. Adelstein, LISW, BCD  
Beatrice B. Griffin, LISW, BCD  
Ruth L. Hall, M.A.  
Judith L. Pitlick, M.A., LPCC  
Carl J. Tuss, LISW, LPCC, LICDC  
Barbara U. Streeter, M.S., LPCC-S  
Lorraine Weisman, M.A., LPCC-S

## Geographic Rule Child and Adolescent Supervising Analysts

Silvia M.V. Bell, Ph.D.  
San Diego Psychoanalytic Society and Institute  
Jill M. Miller, Ph.D.  
Denver Institute for Psychoanalysis  
Charles E. Parks, Ph.D.  
Western New England Institute for Psychoanalysis

# APSAA

# *elections*

## 2014 National Meeting



President-elect  
Harriet L. Wolfe

### PRESIDENT-ELECT

Richard Lightbody—351  
**Harriet L. Wolfe—873—Elected**

### TREASURER-ELECT

Peter Kotcher—214  
**William A. Myerson—914—Elected**

### COUNCILORS-AT-LARGE-ELECT

**Michael J. Gundle—Elected**

David V. Orbison

**Robert A. Paul—Elected**

Fredric T. Perlman

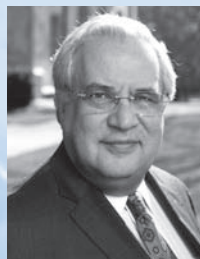
Sandra C. Walker



Councilor-at-large-elect  
Michael J. Gundle



Treasurer-elect  
William A. Myerson



Councilor-at-large-elect  
Robert A. Paul

## BYLAWS

Two proposed bylaw amendments were voted on by the APsaA membership. With 43 percent of the members voting, both proposed bylaw amendments were passed. A vote of two-thirds of those members present is required to effect a bylaw change. The first bylaw amendment will make it possible for an Active Member of APsaA who is not certified or a training/supervising analyst to serve as one of the two Fellows of BOPS from an institute; an uncertified Fellow of BOPS may serve on BOPS subcommittees. The second bylaw amendment created a new membership category for non-clinical candidates.

This was the first year APsaA conducted its elections via electronic voting. All members had the option of voting online or via the traditional paper proxy ballots. Of the 43 percent of APsaA members who voted, approximately 66 percent voted online, a high percentage for a first-time electronic election. Equally important, the election experienced no technical problems and members expressed delight at how easily and quickly they were able to vote online.

# Can We Survive?

Lee I. Ascherman and Elizabeth Brett

"Can we survive?" is the blunt question asked by many of our institutes and members. There are many survivals in question—the survival of psychoanalysis as a profession, the survival of the Board on Professional Standards, and the survival of the American Psychoanalytic Association as we know it. We also must contend with the definition of survival. When does survival entail adaptation for preservation, and when does survival entail adaptation or evolution of an entity barely recognizable from its original meaning. These are tough questions that reflect our tough times. Our debates would be purely academic if the challenges we face were not about survival.

## THE INTERNATIONAL PERSPECTIVE—THIS IS NOT JUST AN AMERICAN PROBLEM

The International Psychoanalytical Association (IPA) has for many years recognized the problem of "graying" throughout their constituent components. Recent data suggest that in almost every IPA society there is an unmistakable shift in the average age of members and the average age of candidates from younger to older. Rare exceptions to this trend include groups from Central and Eastern Europe who experienced a resurgence of interest in psychoanalysis after the fall of the Iron Curtain. While we must still take seriously our internal debate about educational standards, the data suggest there is something more afoot contributing to the challenges our profession is facing. While some have alleged that it is our standards, the certification system, or the training analyst system that has placed a stranglehold on our survival, these cannot explain the international downturn in efforts to promote psychoanalysis.

Lee I. Ascherman, M.D., is chair of the Board on Professional Standards and Elizabeth Brett, Ph.D., is secretary.

## OTHER EXPLANATIONS

What do the IPA components share that might explain the worldwide crisis regarding survival of psychoanalysis? We identify a number of cultural forces in the Western world that may contribute to the crisis. These include major economic and health care funding changes and vast cultural shifts emphasizing quick interventions and evidenced-based credibility; evidence that is difficult for analysts to produce easily given our emphasis on privacy and a treatment that does not conform well to standardized protocols. Our presence in professional mental health training programs has diminished, with some notable exceptions that have proven successful.

Analytic career patterns have also changed. Many contemporary analysts have multiple professional identities and commitments, affecting their level of involvement in psychoanalysis. Other cultural and generational shifts contribute to expectations of more contained work commitments balanced with time for family and avocations and less emphasis on longitudinal commitments of depth to those we treat. Significant student debt reflecting the exponential rise in tuition from earlier education dissuades some intimidated by the cost of training and insecurity about future earnings. Despite these obstacles, some younger professionals looking for depth and longitudinal experiences with those we care for find a career in psychoanalysis an attractive alternative.

The Board on Professional Standards has established the following initiatives to respond to the acute challenges faced by some of our institutes.

1. The immersion requirements for training analyst appointment have been adapted to include a reduction of postgraduate hours to 3000 from 3600. These hours can now include control cases' hours that continue past graduation. These adaptations continue to honor our obligations to IPA requirements.



2. Enabling consultation from the Committee on New Training Facilities (CNTF) to provide longitudinal, individualized guidance to institutes seeking assistance in securing their futures by reinvigorating practice environments and candidate recruitment
3. Establishment of the Committee on Outreach, Growth and Development as an alternative portal for consultation on reinvigorating practice environments and candidate recruitment.
4. Financial consultation
5. Leadership consultation for directors of institutes and centers
6. Collaboration with the Society Presidents Meeting
7. Consultation on practice development
8. Website and social meeting consultation
9. Regional training/long distance learning consultation modeled on successful regional child analytic programs
10. Initiatives to develop scholarship opportunities for candidates
11. Continued collaboration with ACPE, Inc. efforts to gain Department of Education recognition of analytic training programs

## WE MAY HAVE DIFFERENT FATES

While all of our institutes and members face the challenges we have highlighted, at present we are not all on the same trajectory. About one-third of our institutes are reliably maintaining classes of respectable size and do not experience the acute gap in certified members and training analysts. About one-third of our institutes have mobilized with or without consultation to turn their fortunes around.

*Continued on page 30*

## Nine Lives

Continued from page 3

Understanding their dysfunction tells us much about being human and about ourselves. Comparable to a finely synchronized and oiled machine, when the apparatus is not functioning well, we are more aware of how it works. Cases of pneumonia force us to learn more about infectious processes and the mechanics of breathing. Listening carefully to a child's nightmares can tell us much about his unspeakable worries.

In telling these stories, I also want to reflect and describe through example an important therapeutic approach that puts a premium on the in-depth understanding of

unwelcomed symptoms, and are often the first and the only treatment m o d a l i t y offered. In such 20-minute sessions on alternate weeks, the therapist has to be sure he is looking at the

correct clinical chart, check if the medications are causing any untoward side effects, quickly ask how things are going, and then confirm the time of the next scheduled visit.



... when the apparatus is not functioning well,  
we are more aware of how it works.

the individual's inner world. The treatment was guided by an effort to unearth and understand those forces and structures within the individuals that were causing them to hurt or to be caught up in self-defeating and destructive life patterns. The in-depth analytic therapy that I will describe is time consuming, requires a certain personal sensitivity and a deep level of immersion. This psychoanalytic approach is based on the conviction that if a person has a greater understanding of himself, and the factors that are causing his dysfunction, this self-knowledge will be crucial in stimulating personal growth and in reducing psychic pain.

### AN ALTERNATIVE TO PRESSURE DRIVEN TREATMENT

In the present age of seeking immediate gratification, of fast food, takeout dinners, drive-through religious affiliations and e-mail courtships, efforts to do in-depth, intensive, and lengthy psychotherapy may be out of fashion. My students, psychiatrists-in-training, tell me that they are required to interview three patients an hour. Therapy is driven by the pressures from insurance and reimbursement systems. Medications, primarily tranquilizers and anti-depressants, suppress

A few patients can be seen for longer sessions and more frequently, but such cases are the exception. Unfortunately this McTherapy also prevails in private psychotherapy practices, again driven by economic forces and social pressures.

These are the two themes in my narrative: (1) an effort to heighten our appreciation of the complexities of the human condition, and (2) an attempt to underscore the importance of therapy that aims to understand the human condition and the deeper dynamics of dysfunction. These themes are inextricably linked.

In intensive insight-oriented psychotherapy, the primary goal is to ameliorate emotional dysfunction and to promote personality growth. In addition, the investigation of the inner world provides a vital avenue to better understand the human condition and better appreciate those inner forces and psychic structures that promote health and the conflictual elements that lead to dysfunction. If the opportunities for pursuing such insight-oriented approaches become greatly diminished by societal pressures, we not only compromise our ability to treat patients in distress but also we lose an avenue to learn about who we are as thinking, feeling human beings.

To expand on these themes, it is best and most direct to first tell you the stories of some of the people who have come to me for treatment, how I understood their struggles and how I worked psychotherapeutically to help them.

The patients described in this volume include, a woman caught in a life endangering pattern of repeated pregnancies with strangers followed by multiple induced abortions; a woman hating her skin color; an executive sleepwalking through life; a sad woman caught up in a delusional marriage; a mother terrified of her infanticidal urges; a self-loathing teenager; a young boy seeking out bullies to beat him up, and a girl starving herself to gain self-control.

It is my hope that *Nine Lives* will convey some of the complexities of the human condition and underscore the valuable contributions psychoanalytic thinking and therapy provide.

APSA

## Certified in Psychoanalysis By the Board On Professional Standards

January 15, 2014

### Adult

Jamie C. Cromer, M.S.W., LCSW  
New Orleans-Birmingham  
Psychoanalytic Center

Ethan Grumbach, Ph.D.  
New Center for Psychoanalysis

Jane D. Hanenberg, Ed.D.  
Boston Psychoanalytic Society  
& Institute

Cynthia B. Playfair, M.D.  
Center for Psychoanalytic Studies  
(Houston)

Patricia A. Plopa, Ph.D.  
Michigan Psychoanalytic Institute

Louis J. Roussel, Ph.D.  
San Francisco Center  
for Psychoanalysis

Ronnie M. Shaw, M.S., R.N., C.S.  
Denver Institute for Psychoanalysis

# How We Can Be Possessed By A Story That Cannot Be Told

Stephen Grosz

I want to tell you a story about a patient who shocked me.

When I was first starting out as a psychoanalyst, I rented a small consulting room in Hampstead. One of my earliest patients was a young man named Peter. He was undergoing treatment at a large psychiatric hospital nearby. Three months before we met, Peter hid in the cupboard of a local church, where he tried to kill himself by taking an overdose of various drugs and then slitting his wrists. He also stabbed himself in the neck, chest and arms with a small knife. He was discovered by a cleaner. Although she was frightened, the cleaner held him as they waited for the ambulance. "Who did this?" she asked him. "Tell me, who did this to you?"

The consultant psychiatrist at the hospital asked me if I would see Peter five times a week for psychoanalysis. She felt that daily therapy, together with a weekly meeting with her, was Peter's best chance for recovery, for returning home to his fiancée and to his work.

Peter was 27 and worked as a structural engineer. Before he was hospitalized, he and his fiancée had bought a one-bedroom flat outside London. He had been having difficulties at work and was anxious about money—but none of this seemed to explain his violent attack on himself. Part of my job, then, was to work with Peter to identify the causes of his suicide attempt—if we couldn't understand the forces that had pushed him to attack himself, there was every reason to think it would happen again.

Peter was tall and lanky, but carried himself as some depressed people do, shoulders hunched forward, head down. His manner was depressed too—he spoke haltingly, with little eye contact. Once positioned on the couch, he hardly ever moved.

*Stephen Grosz, M.A. (Oxon.), is a training and supervising analyst of the British Psychoanalytical Society.*

Peter attended all of his sessions, and was almost never late. After several months, he left hospital and was able to return to his life. But increasingly, in our sessions,



Stephen Grosz

I felt him disappear to a place I couldn't find, let alone understand. "You've been silent a long time—can you tell me what you've been thinking about?" I asked in one session.

"A holiday in Devon—when I was a child," he replied.

There was a long pause. Could he tell me more? He replied that he was not thinking about anything in particular; he was just thinking about being alone.

I had the thought that he wanted to be away from me, on holiday from analysis, and told him so. "Could be," he replied.

It was as if Peter was trying to protect himself from my intrusiveness, as if he was complying with the conventions of analysis—being on time and answering my questions, for example—but in such a way as to prevent any meaningful connection developing between us. He seemed to have little faith in our talking.

But I did learn that Peter had a history of making friends and then turning on them. In his professional life too he had quietly gone about his work, then suddenly get into a row with his boss and quit. This had happened several times. I tried to use this information to show Peter that he seemed to have two psychological positions open to him—acquiescence or blowing everything up. He seemed to agree, but I never felt this idea was meaningful to him. And soon this pattern was enacted in the analysis. Peter went from going along with me to mocking me.

After one particularly tumultuous week, Peter stopped coming to his sessions. I wrote to him, proposing that he talk to me about his decision to end his treatment, but I received no reply.

I contacted the psychiatrist, who told me that Peter had stopped seeing her too.

Two months later, a letter arrived from Peter's fiancée, informing me that he had taken his own life. She explained that, during the month leading up to his death, Peter had grown increasingly disturbed and withdrawn. The family had held a funeral at West London Crematorium the week before. She wrote that she was grateful for my attempts to help him. I sent a letter of condolence to her, and then informed Peter's psychiatrist.

I'd known that Peter was a high-risk patient. When I took him on, I'd enlisted the help of a supervisor, an experienced psychoanalyst who'd written a book on suicide. He had repeatedly pointed out to me the many ways in which Peter seemed to idealize death. Now I went to see him again, anxious that there was something I'd missed. My supervisor tried to reassure me. "Who knows?" he said. "Being in analysis with you might have kept him from suicide for the past year." Still, Peter's death disturbed me greatly. Of course, I knew that we all have the capacity to act in self-destructive ways, nevertheless I had a kind of faith that the desire to live was more powerful. Now, instead, I felt its fragility. Peter's suicide made me feel that the battle between the forces of life and death was far more evenly pitched.

Six months later, I received a message on my answering machine. I heard the unmistakable sounds of a public telephone—the pips, the coins falling—and then Peter's voice: "It's me. I'm not dead. I was wondering if I could come and talk to you. I'm at my old number."

The instant I heard Peter's voice, I felt faint, confused. For a moment I persuaded myself that the answering machine was malfunctioning, that I was listening to a very old message from Peter that had never been erased. And then I laughed—out of anger, out of relief. And because I was stunned.

*Continued on page 18*

# 2014 National Meeting

## Award Winners from the 2014 National Meeting January 2014

### **CORST Essay Prize in Psychoanalysis and Culture**

The Committee on Research and Special Training (CORST) presented the award to **Ann P. McMahon, Ph.D.**, for her essay "The Power of Processes: The Integration of Engineering, Psychoanalysis and Education."

### **Distinguished Contributor Award**

**Steven Levy, M.D.**, for his 10-year tenure as Editor of *JAPA*

### **Distinguished Service Award**

**Stephen Sonnenberg, M.D.**, for his leadership as Chair of APsaA's Committee on Public Information, Coordinator of the Social Issues Division, and as the first Head of the Education Department.

### **Educational Achievement Award**

**Carrie Catapano, L.C.S.W.**, Head of School, **Leon Hoffman, M.D.**, Chief Psychiatrist, and the **West End Day School** of New York City

### **Award for Excellence in Journalism**

**Laura Tillman, Pacific Standard**, for "What Does It Take for Traumatized Kids to Thrive?" which appeared in May 6, 2013 issue.

### **Honorary Membership**

**Jack Barchas, M.D.**  
**Beatrice Beebe, Ph.D.**  
**Jeffrey Berman, Ph.D.**  
**Frank Lachmann, Ph.D.**  
**Jonathan Shay, M.D., Ph.D.**  
**Robert Stolorow, Ph.D.**  
**Estela V. Welldon, M.D., D.Sc. (Hon), F.R.C. Psych**

### **Helen Meyers Traveling Psychoanalytic Scholar Award**

**Dorothy Holmes, Ph.D.**

### **Poster Session Award**

**Katie C. Lewis, M.A., Kevin B. Meehan, Ph.D., Jane G. Tillman, Ph.D., Nicole M. Cain, Ph.D.,** and **Philip S. Wong, Ph.D.**, for their poster "Impact of Object Relations and Impulsivity on Persistent Suicidal Behavior."

### **Ralph E. Roughton Paper Prize**

**Avgi Saketopoulou, Psy.D.**, for her paper: "Developmental Considerations in Mourning the Natal Body When Working Analytically with Transgender Patients."

### **Edith Sabshin Teaching Awards**

**Adam Goldyne, M.D.**—San Francisco Center for Psychoanalysis

**Luba Kessler, M.D.**—Psychoanalytic Association of New York

**Stephanie McEwan, Psy.D., J.D.**—New Center for Psychoanalysis

**Kathleen R. Miller, Ph.D.**—Baltimore Washington Center for Psychoanalysis

**Jonathan Schindelheim, M.D.**—PINE Psychoanalytic Center

**Paul Schwaber, Ph.D.**—Western New England Psychoanalytic Society

**Anna R. Schwartz, M.D.**—Columbia University Center for Psychoanalytic Training & Research, and the Association for Psychoanalytic Medicine (NY)

**David Stevens, Ph.D.**—Denver Institute for Psychoanalysis

**Richard F. Summers, M.D.**—Psychoanalytic Center of Philadelphia

**Nancy C. Winters, M.D.**—Oregon Psychoanalytic Institute

### **2013 Scientific Paper Prize**

**Anna Bucheim, Roberto Vivani, Henrik Kessler, Horst Kächle, Manfred Cierpka, Gerhard Roth, Carol George, Otto F. Kernberg, George Bruns, Svenja Taubner**—"Changes in Prefrontal-limbic function in major depression after 15 months of long-term psychotherapy" *PLOS ONE* 7 (3): e33745.

### **2013 Undergraduate Essay Prize**

**Caroline Beaton, B.A.**, from Colorado College, for her paper "To the Lighthouse and the Oedipal Triangle: Impotence, Erotic Degradation and the Oedipus Complex from Freudian and Self-Psychological Perspectives."

### **2014 Courage to Dream Book Prize**

**John Burnham**, Editor, for his book *After Freud Left: A Century of Psychoanalysis in America* (Univ. of Chicago Press, 2012)



# 2014 National Meeting

Photos by GERALYN LEDERMAN, MALI MANN, and PHILIP VALENTINI



*Jonathan Shay and Bob Pyles*



*Robert Stolorow*



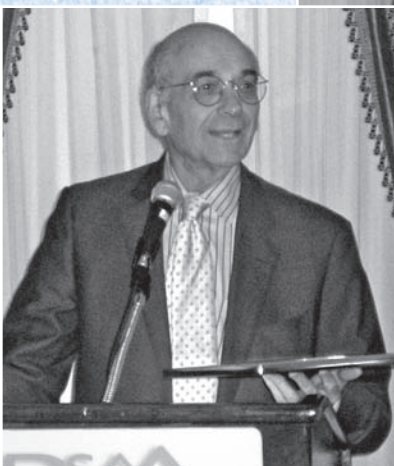
*Beatrice Beebe*



*Frank Lachmann and Bob Pyles*



*Jeffrey Berman and Bob Pyles*



*Jack Barchas*



*Estela Welldon and Bob Pyles*

# 2014 National Meeting

Photos by GERALYN LEDERMAN, MALI MANN, and PHILIP VALENTINI

## Highlights of the Executive Council Meeting

The Executive Council deliberated and approved two governance related issues, two important position statements, and organizational issues affecting APsaA internally and externally at their recent January meeting in New York.

The APsaA auditors were authorized to complete the fiscal year 2014 audit. In addition, the Council received news that FY 2014 ended with a \$137,525 operating surplus. A new Affiliated Study Group—the Lexington (Kentucky) Psychoanalytic Study Group—was approved.

### New Position Statements Approved

The following organizational position statements were approved:

A new position statement on race-based violence and racial profiling from the Social Issues Department and a revision of a position statement from the Committee on Gender and Sexuality on gay, lesbian, bisexual, and transgender people serving in the U.S. military.

### New Expanded Membership Pathway Continues

As at the previous three Executive Council meetings, there was a historic moment when the Executive Council approved seven new APsaA members who were joining the Association through the Expanded Pathway membership process. The membership had approved this change in the bylaws in June 2010 and these were the fourth set of applications from analysts who were not trained at either an APsaA institute or an IPA institute.

The Council also heard an update from a new Task Force on Governance and Bylaws. The task force is charged with addressing the feasibility of rewriting APsaA's bylaws. The task force will function as a "think tank," attempting to incorporate the views of members as much as possible.

And finally, the Executive Council heard from Will Schweitzer, a senior editor at Sage Publications, *JAPA's* publisher. In 2013, *JAPA's* circulation increased an incredible 17 percent, which defies the trend in peer-review journals. Prior to joining Sage, *JAPA's* total circulation was just over 4,800 copies and, now—seven years later—*JAPA's* circulation is just over 10,300. More importantly, the journal is available to millions of end users in 8,000 libraries and discoverable by just a few keystrokes in over 120 countries around the world. It is expected that *JAPA* sales in 2013 will exceed a half-million dollars and revenue to APsaA continues to increase every year.



*Syd Arkowitz in Executive Council*



*David Falk and Leigh Tobias*



*Richard Tuch and Warren Procci*



*Otto Kernberg*

# 2014 National Meeting

Photos by GERALYN LEDERMAN, MALI MANN, and PHILIP VALENTINI



*Plenary Speakers Bonnie Litowitz, Warren Poland, and Mark Smaller*



*Plenary*



*Fred Griffin and Harriet Wolfe*



*Betsy Auchincloss and Eslee Samberg*



*BOPS*

# 2014 National Meeting

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*Malkah Notman, Miriam Tasini, and Ruth Fischer*



*Monisha Akhtar, Peter Rudnytsky, and Gennifer Lane Briggs*



*Warren Procci, Bob Pyles, Jim Pyles, and Janis Chester*

# 2014 National Meeting

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*The Waldorf*

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SIXTH ANNUAL  
**Psychoanalytic**  
 Art Show

Robert L. Welker

The Sixth Annual Art Show of the American Psychoanalytic Association was held at the 2014 National Meeting on Friday, January 17, from 9:00 a.m. to 5:00 p.m. The show was initiated and developed by Jon Meyer whose absence this year was felt by all.



Robert L. Welker

Although unconscious processes involved in creativity—its complex dynamic functions and myriad forms of expression—become apparent to analysts in the course of their scholarship and clinical work; opportunities to view and discuss original artwork with analytically-informed artists are rare. That is why I volunteered to organize the art show in Jon's stead, and why I support its continuance.

Twenty artists, an enriching mix of first-time exhibitors and veterans, invested considerable effort transporting and displaying their art, a collective feat for which I am most appreciative, and engaged in lively conversation among themselves and with the steady stream of viewers. Discussion ranged from artistic techniques and materials to psychological inspirations to personal experience of presenting one's intimate creations publicly. Many viewers, moved by the enthusiasm of the event, shared digital images of their art on cell phones and electronic tablets.

Out of the individual uniqueness and diversity of exhibits and exhibitors emerged a cohesion that took on qualities of an affable salon or forum. Black and white and color photographs, watercolors, pastels, acrylics, collages, oil paintings, jewelry, wood carvings, and stone sculptures adorned the

Robert L. Welker, Ph.D., is a psychologist and psychoanalyst in private practice in Milwaukee, Wisconsin.

Herbert Hoover Suite with artistic perspectives varying from highly representational to the surreal to abstract.

Exhibiting artists were: Graciela Abelin-Sas, Rosa Aurora Chavez-Eakle, Newell Fischer, Richard Honig, Lee Jaffe, Anna Janicki, William Kenner, Ellen Kolansky, Valerie Laabs-Siemon, Mali Mann, Paul Mosher, Judith Pitlick, Raymond Raskin, Arnold Richards, Cheryl Seaman, Moisy Shopper, Helen Stein, Victoria Todd, Sebastian Zimmerman, and me. Special thanks to APsA's Carolyn Gatto without whose support and guidance the show could not have gone on.

CARTOON CAPTION CONTEST

The Cartoon Caption Contest was a delightful addition to this year's art show; choosing three winners from the 87 witty submissions proved



equally difficult and entertaining. Victoria Todd provided the watercolor cartoon and awards for winners, cards from her Standard Edition of SigiCartoons.

**First Place:**

*"On that note—let's stop for today."* Kay Levine

**Second Place:**

*"Pink Freud and the Light Side of the Moon."* Jessica Brown

**Third Place:**

*"The title of Totem and Taboo is first conceived of."* Alan Kessler

Given that a picture may still be worth a thousand words—notwithstanding the ease of making tails appear to wag dogs by digital editing—I will let the photos of your colleagues' artwork speak for themselves.



To view a larger sample of color digital images of exhibitors' work go to [http://www.flickr.com/photos/robert\\_welker\\_elements/](http://www.flickr.com/photos/robert_welker_elements/) and open the set labeled APSA Art Show.

# The *Psychoanalyst* As Artist



Lee Jaffe  
*"Shadow"*



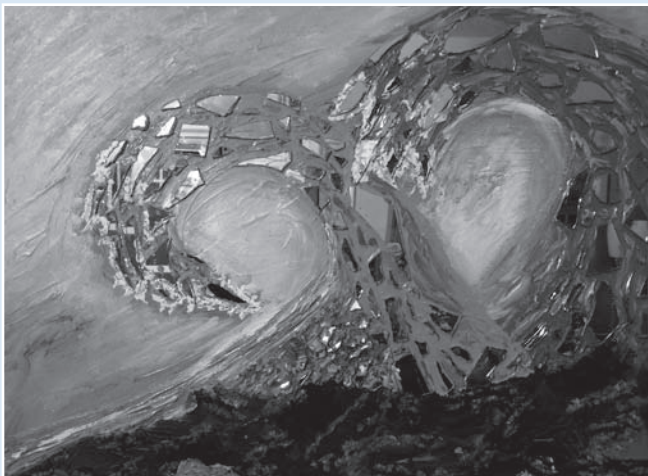
Ellen Kolansky  
*"The Painted House"*



Judith Pitlick  
*"Mother and Child"*

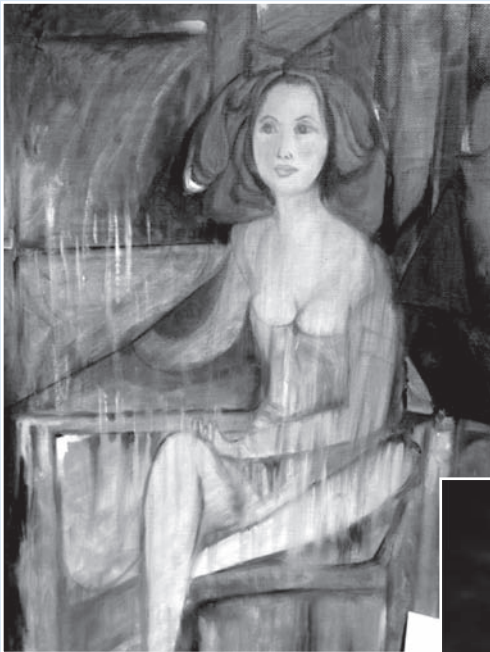


Arnold Richards  
*"Woman in China"*



Rosa Aurora  
*"Real"*

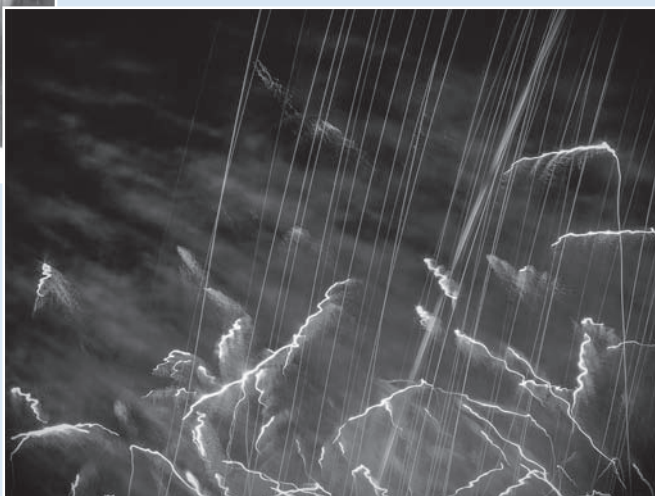
# The *Psychoanalyst* As Artist



Mali Mann  
*"Modigliani's Woman Repainted"*



Sebastian Zimmerman  
*"Jamieson Webster"*



Robert Welker  
*"Fireworks Storm"*



Paul Mosher  
*"View of Manhattan from Pebble Beach, Brooklyn"*



Newell Fischer  
*"Brigita"*



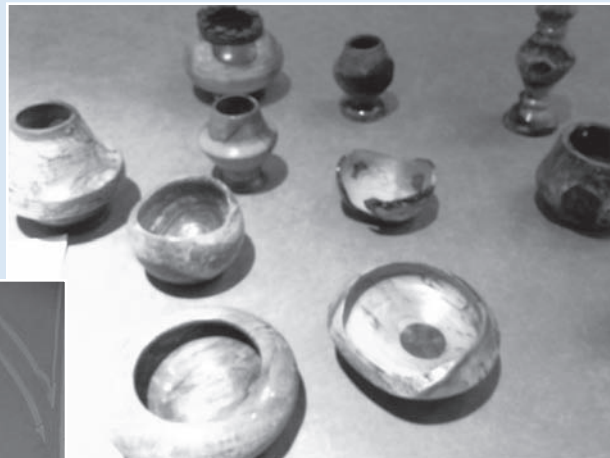
# The *Psychoanalyst* As Artist



Cheryl Seaman  
*"Essence"*



William Kenner  
*"Riders"*



*Bowls* by Moisy Shopper  
Photo: Mali Mann



Valerie Laabs-Siemon  
*"Kunta Hora"*



*Jewelry* by Raymond Raskin  
Photo: Mali Mann

## Possessed By A Story

*Continued from page 7*

That evening, when I wrote to the consultant psychiatrist to tell her that Peter wasn't dead, I did what many people do when they're angry: I made a joke. "Unless there are payphones in hell," I wrote, "Peter is still alive. He left a message on my answering machine earlier today, asking for an appointment."

Peter came to see me the following week. In a matter-of-fact way, he told me that he, not his fiancée, had written to inform me of his death. He'd also intercepted my condolence note. "It was touching," he said.

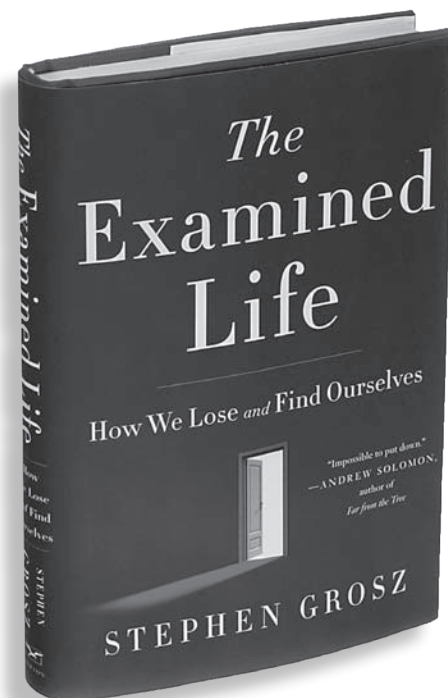
"Oh, that is interesting," my supervisor said. "It's surprising this doesn't happen more often. When you think of all those adolescents who say 'you'll be sorry when I kill myself'—you'd think more of them would fake it." We decided that I should only take Peter on again if I felt he was really prepared to make a serious commitment.

After several meetings, Peter and I agreed to resume his sessions. Ultimately, his disappearance and return proved helpful, because it clarified something that we had never understood: his need to shock others.

In the sessions that followed it slowly became clear that Peter enjoyed thinking about the distress he caused when he suddenly quit work or ended a friendship. He'd blown up the analysis twice—first when he quit and then, a second time, when he faked his suicide. In the first phase of his analysis, I hadn't realized just how attached Peter was to violently upsetting others. But why?

Peter's parents had divorced when he was two and his mother had remarried soon after. During this second phase of his analysis, Peter sought out his biological father and spoke frankly with his mother. He discovered that his mother had been having an affair with the man who became his stepfather, and that his father and mother both drank heavily. He also discovered that the first two years of his life were very different from the story he'd been told. His mother and father both admitted that they couldn't cope and had been violent with him when he was a baby.

Peter told me that his dad didn't remember much, just that it was a terrible, unhappy time, an unhappy marriage. "My mother cried, she kept saying that she was sorry," Peter said. "She was only 20 when I was born and no one was there to help her. She said that sometimes she felt she was just going crazy."



Her confession gave Peter some relief. For as long as he could remember, he had felt afraid. He told me that it helped to know that he was frightened of *something*. For a small child, violence is an overwhelming, uncontrollable and terrifying experience—and its emotional effects can endure for a lifetime. The trauma becomes internalized, it's what takes hold of us in the absence of another's empathy. So why did Peter turn on those close to him?

Peter's behavior made it clear that he couldn't allow himself to feel weak. Dependence for him was dangerous. Peter's story might be summed up as, "I'm the attacker who traumatizes, never the baby who is hurt." But Peter also felt bound to turn on himself. When Peter assaulted himself in the church, he enacted this same story. As he told me, "I thought—you pathetic little crybaby. I can do this to you and you can't stop me."

I believe that all of us try to make sense of our lives by telling our stories, but Peter was possessed by a story that he couldn't tell. Not having the words, he expressed himself by other means. Over time I learned that Peter's behavior was the language he used to speak to me. Peter told his story by making me feel what it was like to be him, of the anger, confusion and shock that he must have felt as a child.

The author Karen Blixen said, "All sorrows can be borne if you put them into a story or tell a story about them." But what if a person can't tell a story about his sorrows? What if his story tells him?

Experience has taught me that our childhoods leave in us stories like this—stories we never found a way to voice, because no one helped us to find the words. When we cannot find a way of telling our story, our story tells us—we dream these stories, we develop symptoms, or we find ourselves acting in ways we don't understand.

Two years after Peter left his message on my answering machine, we agreed to stop his psychoanalysis. I thought there was more work to do, but he felt that it was time.

All of this happened many years ago. Since then Peter hasn't asked to meet again, but I did run into him recently, at the cinema. We recognized each other across the lobby. Peter said something to the woman he was standing with and they walked over. He extended his hand and then he introduced me to his wife.

APSA

*[Excerpted from The Examined Life: How We Lose and Find Ourselves by Stephen Grosz. Copyright © 2013 by Stephen Grosz. With permission of the publisher, W.W. Norton & Company, Inc.]*

*A bestseller in Great Britain; translated into more than 20 languages; The Examined Life was described by Michiko Kakutani, in the New York Times, as sharing "the best literary qualities of Freud's most persuasive work... a series of slim, piercing chapters that read like a combination of Chekhov and Oliver Sacks."*

# From the Unconscious

Sheri Butler Hunt



Richard Tuch, dean of training at the New Center for Psychoanalysis, Los Angeles, has been published in *TAP* before, with his poem "Marriage's Promise?" This current poem, "On a plane heading East," speaks to something we have all encountered. The sharing of intimate space with strangers, while zooming along above 30,000 feet, a bit of a captive audience. His poem speaks to the best possible outcome of such intimacy—finding something of a kindred spirit.

Tuch is also a training and supervising analyst at the New Center for Psychoanalysis, LA, and the Psychoanalytic Center of California, and clinical professor of psychiatry at the David Geffen School of Medicine, UCLA.

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Sheri Butler Hunt, M.D., is an adult training and consulting analyst and a child consulting analyst in the child division at the Seattle Psychoanalytic Society and Institute. A published poet and member of *TAP*'s editorial board, she welcomes readers' comments, suggestions, and poetry submissions at [annseattle1@gmail.com](mailto:annseattle1@gmail.com).

## On a plane heading East

Like an icebreaker through this lonely life  
You travel  
Fearlessly friending whoever's about  
Getting on beyond making do  
Mining opportunities as they present  
So different are we  
My fellow traveling partner  
By sheer happenstance  
  
Upgraded were we  
Out of the bowels of coach  
To sit side by side  
In near luxury  
And freely converse  
About, you know, whatever  
In free dialogue  
  
It was all quite unexpected  
Though not by you  
Seeing that your life's composed  
Of just such encounters  
As I came to learn  
During our flight together  
On that pre-Thanksgiving night  
  
You reached out to me  
In ways I would never do  
Into my all too shy soul  
Mercifully providing me  
A momentary sense of companionship  
During an otherwise impersonal flight  
On that dark and cold November night  
Heading East  
To be with those  
We love

Some flight-long conversations prove ghostly  
The product of sheer circumstance  
Held captive by those who are needy  
Who seize upon any chance  
To borrow an ear  
That's not freely lent  
Oblivious to how unwelcomed  
And tortuous  
Such chatter can be

Thankfully spared of that fate  
By your ample intellect  
And the fact we instantly recognized likeness  
In one another  
That spans generations  
You provided great entertainment  
For which I say  
"You're very welcomed"  
And, of course,  
"Thank You"  
My fleeting companion  
By sheer happenstance.

—Richard Tuch

# APsaA Awards Third Annual Undergraduate Essay Prize: “To the Lighthouse and the Oedipal Triangle”

Caroline Beaton



Caroline Beaton

*APsaA's Committee on Psychoanalysis and Undergraduate Education, co-chaired by Michael Shulman and Naomi Janowitz, is pleased to announce it has awarded its Third Annual Essay Prize to Caroline Beaton of Colorado College for her essay “To the Lighthouse and the Oedipal Triangle: Impotence, Erotic Degradation, and the Oedipus Complex from Freudian and Self-Psychological Perspectives.”*

*The author summarizes her essay:*

In “To the Lighthouse and the Oedipal Triangle,” I use Freudian and self-psychological models of the Oedipus complex and erotic degradation to explore the Ramsay family’s psychical impotence and fragmentation in Virginia Woolf’s novel. The “Oedipal triangle” refers both to the intricate, ambivalent relationship between mother, father, and son and to the connections between their Oedipal conflicts, degradation dynamics, and psychical impotence.

Freud argued that unresolved Oedipus complexes stimulate feelings of powerlessness, emptiness, and incompetency—in a word, impotence—thereby giving rise to erotic degradation dynamics by which the male seeks to degrade and then rescue his sex object to convince himself of his superiority and restore his masculinity. The first part of my essay points out how Mr. Ramsay and James’s Oedipal rivalry for Mrs. Ramsay’s affirmation and affection worsens their psychical impotence and increases their need to degrade and then “save” her to ensure their dominance and potency. Mr. Ramsay degrades his wife by persuading himself of her simplicity and ignorance. After internally satisfying his need for superiority, Mr. Ramsay

can both rescue Mrs. Ramsay from her supposed senselessness and allow himself to be attracted to her.

In line with Freud’s assertion that every hysterical symptom is accompanied by some degree of “compliance” and “participation of both sides,” *To the Lighthouse* presents Mrs. Ramsay as a necessary, though likely unwitting, enabler of these dynamics. Mrs. Ramsay acknowledges that she “did not like, even for a second, to feel finer than her husband” and defers to Mr. Ramsay in all her judgments. Ironically, Mrs. Ramsay’s collaboration in mitigating her husband’s psychical impotence facilitates James’s Oedipus complex. The loser of an Oedipal battle and without undivided female affirmation of his own manhood, James is cast out, castrated, and destined to repeat these same erotic degradation patterns with Mrs. Ramsay herself or a replacement, such as his sister Cam, after Mrs. Ramsay dies.

Seen through a Freudian lens, it appears that James’s and his father’s Oedipal rivalry activates and then exacerbates their psychical impotence. The men degrade Mrs. Ramsay and Cam to remedy their feelings, but these dynamics prove ineffective because they reengage the Oedipal situation and because Mr. Ramsay’s and James’s need for female sex objects to restore their masculinity signifies dependence, which is counter to their desire for wholeness and autonomy.

## INNER FRAGMENTATION, PSYCHIC IMPOTENCE

In the second half of the essay, I turn to self psychology to propose that Mr. Ramsay and James’s insufficient self-object relationships, in combination with their Oedipal conflicts, cause their inner fragmentation, a concept akin to psychical impotence. Mr. Ramsay and James lack self-object relationships with each other as well as with Mrs. Ramsay, whose frantically scattered attention does not allow her to remain with either long enough to give them a sense of worth.

Following Heinz Kohut’s understanding of Tragic Man as one motivated by the desire to restore a cohesive self, I suggest that James and his father may reestablish their self-object connection with each other; and consequently diminish both their Oedipus complexes and erotic degradation dynamics with Mrs. Ramsay and Cam, during their journey to the lighthouse. On the other hand, Woolf’s ambiguous ending may indicate that, despite their journey, the men do not overcome their Oedipal triangle.

Regardless of whether they rectify their impotence through improved self-object relationships by the novel’s end, the Ramsay’s journey to the lighthouse signifies a quest for coherency that renders them Tragic Men in their final acceptance of the inevitability of failure. Mr. Ramsay’s maxim, “We perished, each alone,” and James’s realization, “We are driving before a gale—we must sink,” reflect their coming to terms with their ultimate powerlessness and death. Yet in their acceptance of mortality, a kind of existential impotence, Mr. Ramsay and James can finally find peace with their identities and completeness.

“To the Lighthouse and the Oedipal Triangle” attempts to supplement traditional Oedipal interpretations of the Ramsay family with an appreciation of self-psychological pursuit of integration that encourages recognition of a multi-faceted, multi-problemled, multi-healing self. Furthermore, by placing Freud’s notion of psychical impotence alongside Kohut’s concept of fragmentation, the essay encourages the possibility of considering that soul precedes sexuality. The paper ultimately unifies some dichotomous aspects of Freudianism and self psychology toward a broader understanding of the Oedipus complex and its constituents in psychoanalytic theory and literature.



Caroline Beaton, B.A., graduated from Colorado College with an English major and psychoanalysis minor. Currently living in Vancouver, she is applying to graduate English programs, hoping to continue integrating psychoanalysis with literature, and aspires to teach and undertake psychoanalytic training.

## Sovereign Right to Privacy of Americans, Patients and Clinicians

Graham L. Spruiell

Psychoanalysts await the implications of the Affordable Care Act (ACA) as it unfurls in fits and starts. Psychoanalysts sometimes speak as if we are the only



Graham L. Spruiell

clinicians affected by significant changes in health care, when in fact it is a concern for all Americans, clinicians and patients. Psychoanalysts, who have witnessed the false promises of managed care organizations and preferred provider organizations to improve the quality of care and to reduce costs, now wait to see if the ACA can fulfill its promises, hoping, despite dwindling reimbursements and increasing insurance reviews in the fee-for-service model, there will be a viable path for psychoanalysis.

But health care is only one shining scale on the dragon of societal transformation wherein privacy is subjected to balance testing and pragmatic analysis. The privacy of customers in relation to corporations and, more important, the privacy of citizens in relation to the government are both undergoing similar transformations. The penumbral references to privacy in the Constitution refer to the citizen's right to privacy in relation to the government and are an essential part of the social contract; but it is fair to say privacy has also been the essential principle in the

Graham L. Spruiell, M.D., is co-chair of the Committee on Government Relations and Insurance and a member of the Program in Psychiatry and the Law, Beth Israel Deaconess Medical Center, Boston.

clinician-patient contract since Hippocrates. The promise of privacy underlies trust in one's doctor and in one's government.

### MORE THAN WORRISOME

It is worrisome that credit card readers at Target get hacked with malware, breaching sensitive information of 100 million customers, and another worry that Google, Yahoo, and Amazon keep tabs on personal information of their customers and sell that information without customer consent. It is a quantum leap of worry however, when the Justice Department listens in on personal telephone conversations of reporters and their contacts without a warrant, or NSA conducts surveillance of Americans on the Internet, telephone conversations, business transactions, and text messages without proper oversight by the Foreign Intelligence Surveillance Act (FISA) court.

But trust goes by the wayside when the President of the United States on 37 separate occasions promised American citizens that they could keep their doctors and insurance, when he knew that millions of Americans could not. On one of those occasions President Obama explicitly said, "No matter how we reform health care, I intend to keep this promise: If you like your doctor, you'll be able to keep your doctor; if you like your health care plan, you'll be able to keep your health care plan." Upon being confronted about this misstatement, President Obama made a further misstatement when he said, "Now, if you have or had one of these plans before the Affordable Care Act came into law and you really liked that plan, what we said was you can keep it if it hasn't changed since the law passed," when in fact he did not originally include that stipulation. Imagine that in the United States it would be up to the president to determine whether citizens could keep their doctors or insurance.

There is not much that APsaA's Committee on Government Relations and Insurance (CGRI) or other clinicians can do to address malware on credit card readers or to curb Internet corporations about their use of information they collect from customers. Nor is there much CGRI can do about surveillance of citizens by the Department of Justice or NSA, or misleading statements by the president, except to affirm that all citizens—especially patients—have a right to privacy guaranteed by the U.S. Constitution, and that government surveillance without a warrant or judicial order represents a gross violation of that right.

### DEFENDING PRIVACY AND PRIVATE PRACTICE

In this respect, CGRI has a responsibility to jealously defend patient privacy and the right to freely contract in private practice according to professional ethics. Despite reassurance from some of our members, CGRI objected vehemently to the elimination of the consent requirement in HIPAA which allowed transmission of personal health information without patient consent for billing, treatment, and health care operations.

CGRI efforts initially succeeded when President Clinton at the end of his term reinstated the consent requirement largely due to the advocacy of Bob Pyles and Jim Pyles as well as other privacy groups, all of whom predicted that the removal of the consent requirement would spell the end of patient privacy. Both of the Pyles brothers received commendations from President Clinton for their patriotism. President George H.W. Bush initially agreed with President Clinton about the removal of the consent requirement and briefly referred to himself as the "privacy president," but he then eliminated the consent requirement, resulting in the loss of patient consent and ownership (regulatory control) of personal health information. Consequently, our government for the first time in history could lawfully disclose personal health information without patient consent, contradicting a central tenet of consent in the Constitution and medical ethics.

*Continued on page 31*

# Candidates' council

## A Fresh View

Navah C. Kaplan



Navah C. Kaplan

The co-editors of the *Candidate Connection*, Marian Margulies and Holly Crisp-Han, and I think hard about the organizing theme we

select for each edition of the newsletter. We look for something of primary importance to candidates, and this has been reflected in themes from the recent past such as the supervisory experience, the "widening scope" of patient selection for analysis and, most recently, creativity and candidacy. Since our last issue came out, an APsaA political divide has found expression in a lawsuit, with one component of the organization in legal dispute with another. I believe most candidates struggle to locate their own opinion on the many weighty matters under debate, and it may feel like the arguments continue a thread with a long tail in the historical past, difficult and time-consuming for those newly arrived to follow.

Candidates are engaged in learning to be psychoanalysts *today*. Which brings me back to the theme of the latest newsletter. We proposed a counterpoint to the perhaps necessary but rather depressing expressions of the problems we face in our profession. We decided to ask candidates to offer their own, fresher visions of the field. The editors broadly invited candidates

to contribute material celebrating their experiences of candidacy and the value that psychoanalysis has brought to their lives and professional growth.

As president of the Candidates' Council of APsaA, I focus more particularly on the enormous contributions APsaA makes to candidate education and to developing an analytic identity. Despite the political roiling and the shouting that sometimes bursts from the lines of a listserv post, APsaA remains not just a good-enough parent to candidates. It is an exceptional one. In my contribution to the issue, I highlight some of the work being done by candidate leaders who chair the many committees of the APsaA Candidates' Council (CC). I invite all candidates to come to the APsaA National Meetings and to attend our meeting of the Candidates' Council. We will orient you to help you navigate the program and learn of opportunities to get involved in the Association.

Candidates' Council officers have been involved in various projects over the last year. President-Elect Phoebe Cirio has been working to revive the Committee on Psychoanalytic Education (COPE) Candidates' Study Group [See "*Candidates' COPE Study Group: Challenges of Training*," page 23]. She and I have liaised with the International Psychoanalytical Studies Organization (IPSO) vice-president for North America, Marco Posadas of Canada. We aim to forge a stronger connection between our two organizations, thus expanding the opportunities for collaborative work among candidates from a national to an international arena. Marco is eager to help us grow our candidate membership because he correctly notes that every APsaA candidate member is automatically enrolled in IPSO membership as well.

Our mutual interest to enlarge our professional organizations is thus served by enrolling candidates in APsaA.

Our treasurer Jamie Cromer has been working on the CC budget. She also serves as the candidate representative to the American Psychoanalytic Foundation. This year, Jamie has been engaged in applying for certification. You can read her article in the current edition of the *Candidate Connection* where she describes a contemporary experience of the certification process.

Secretary Jennifer Lane-Briggs has been assiduously compiling a candidates' directory of the names of all Candidates' Council members, which comprises its officers, chairs of committees and representatives of each institute to the CC. She has been painstakingly contacting the institutes with the earnest request that each one designate a candidate representative to attend our Candidates' Council meeting during the APsaA National Meetings. We are hoping her efforts pay off so that the majority of institutes will be represented at our next CC meeting.

Gennifer has engaged with the chair of our Digital Media Committee, Anton Babushkin, to develop ways of using technology to promote candidates' professional interests. Most recently, Gennifer has taken on the role of chair of the Mentorship Committee. She will be conducting the follow-up to this pilot program begun by our immediate past CC president, Hilli Dagon-Clark.

I have begun to visit candidate organizations at institutes local to me in the northeast corridor for informal dialogue in the nature of a focus group. I exchange information, telling candidates about APsaA's many programs and the benefits of candidate membership, and I ask for candidate impressions of APsaA. I ask what candidates want of a professional organization and how informed they are about what APsaA offers candidates. My hope is such dialogue will provide information useful in the effort to recruit candidate members.

*Continued on page 23*

Navah C. Kaplan, Ph.D., is president of the Candidates' Council.

Angela Retano of the newly renamed Policies and Procedures Committee has rewritten the document that was previously called our Bylaws. The new Policies and Procedures document is now posted on the APsA website in the Candidates section. She has worked diligently, through many revisions, to create a document that summarizes the function of every CC office and committee and the duties of those so engaged. Anyone interested in learning about the many committees of the CC now has a guide.

Sabina Preter, who chairs the CC Scientific Paper Prize/Writing Workshop, announced there was no prize winner this cycle. She has therefore organized a Writing Workshop conducted by JAPA associate editors. They selected the writings of a candidate and showed how a work-in-progress may be developed into a publishable paper through editorial feedback.

Sarah Lusk, chair of the CC Program Committee, organized two wonderful sessions geared towards candidates for the recent APsA National Meeting. Each session featured a renowned analyst and candidate.

You can read more about the projects of the various committees in the current *Candidate Connection* newsletter online. Our committees always welcome new members who are seeking opportunities to plunge into the wide world of the APsA Candidates' Council. I am easily reached by anyone who has questions, wants more information or has an idea useful to the Candidates' Council. Email: [navahckaplan@gmail.com](mailto:navahckaplan@gmail.com)

APsA

#### Editor's Note:

You can read the entire issue of the *Candidate Connection* by visiting <http://www.apsa.org/Portals/1/docs/publications/ACNews/ACNewsJanuary-2014.pdf>



## Candidates' COPE Study Group: Challenges of Training

Navah C. Kaplan and Phoebe A. Cirio



Phoebe A. Cirio

Candidates now have a Committee on Psychoanalytic Education (COPE) Study Group on Challenges of Training. Our study group has a designated number

of 12 members, who are expected to make a longitudinal commitment to attend group meetings and contribute to the work. Similar to every APsA COPE study group, our group will focus on a topic relevant to psychoanalysis and will aim to make an educational contribution that advances the discipline and/or psychoanalytic education.

At our second meeting in January 2013, during the APsA National Meeting at the Waldorf Astoria, we considered the objectives we were going to set for ourselves. We began our meeting by brainstorming for ideas inspired by the title of our study group. Specifically, what did we think were the "challenges of training" facing candidates today?

Navah C. Kaplan, Ph.D., is a graduate of the New York Psychoanalytic Society and Institute. She is president of the APsA Candidates' Council. Her private practice includes psychoanalysis and psychotherapy.

Phoebe A. Cirio, M.S.W., is in private practice in St. Louis. She is currently an advanced candidate in adult psychoanalysis at the St. Louis Psychoanalytic Institute and an advanced candidate in child and adolescent psychoanalysis at the New Orleans-Birmingham Psychoanalytic Center.

Ideas candidates generated included studying the impact of age at entering candidacy; the pursuit of omnipotence or becoming an analyst to overcome childhood moments of uncontainment by a needed parent; the use of supervision, including impasses and the variety of supervisory experiences; the experience of and impact of boundary violations and boundary crossings in our development as analysts; how we chose our training analyst; the complexities of our relationships with our fellow candidates; and psychoanalysis as a Jewish way of thinking, including making meaning from minuscule bits of information. The idea of studying the development and/or acquisition of an analytic mind garnered the most enthusiasm among the group members.

The study group is chaired by Phoebe Cirio, co-author of this article and president-elect of the Candidates' Council, who assumed her responsibilities in January 2014. Her goal is to facilitate the group members' efforts to design an approach to the topic and begin implementing a work plan that involves each member and results in an educational product.

Candidate members of the study group must make a commitment to attend the study group when it meets during the APsA national meetings, usually twice a year—in January in New York and in June in changing locations across the United States. In addition, there may be scheduled conference calls during the year to exchange ideas and progress with the project. Any candidate interested in joining the study group or learning more is encouraged to contact the chair at [Phoebe777@aol.com](mailto:Phoebe777@aol.com) or at 314-862-0345.

APsA

## Come to Chicago APsaA 103rd Annual Meeting

June 6–8, 2014

Kimberlyn Leary

APsaA has reconfigured the Annual Meeting in June in accord with *your* recommendations. After much debate about the future of the spring meeting, the Association is experimenting with ways to meet the needs of clinicians in today's world.

The June 2014 meeting will be held at the Palmer House in Chicago, a city conveniently accessible to colleagues on both coasts. The Palmer House, a classic and comfortable venue, is close to the Chicago Art Institute and the Loop.

Kimberlyn Leary, Ph.D., M.P.A., is the chair of the APsaA Program Committee, chief psychologist at the Cambridge Health Alliance, and an associate professor at Harvard Medical School.

The meeting takes place over three days, largely over a weekend, June 6–8, making it possible for colleagues to attend to their practices and still participate in popular events like the Plenary Sessions, Two-Day Clinical Workshops, Symposia, Special Programs for Trainees, and a large portfolio of Discussion Groups with member generated content that many attendees feel are the life blood of our conferences. As always, the spring meeting also hosts the Ticho lecture, which features Christine Kieffer this year, followed by a reception for all conference attendees.



Kimberlyn Leary

APsaA is looking outward. This spring's University Forum is focused on psychoanalytic engagement with the challenge of severe weather and climate changes.

### NEW PROGRAMS

In addition, the June 2014 meeting inaugurates several new programs. "Psychoanalysis Here and Now," moderated by Hans Agrawal, showcases a set of short TED-style talks by APsaA members and invited guests, followed by an evening social event. Nancy Kulish will chair our first Clinical Plenary, where Al Margulies will offer in-depth clinical reflections on a patient treated over many years, across shifts in psychoanalytic thinking and as the analyst consolidated his own expertise. Clinical Field Studies uses a two-day format to engage analysts in the work of intervening in communities.

### WORKSHOPS

The Program Committee is also pleased to sponsor three workshops aimed at helping analysts build and expand their base of professional operations. Prudy Gourguechon and Jeff Lieb will conduct a workshop on helping

*Continued on page 26*

### On-line Transference-Focused Psychotherapy (TFP) Training Eve Caligor, MD and Frank Yeomans, MD, PhD

COLUMBIA UNIVERSITY

Center for Psychoanalytic Training and Research

Transference-Focused Psychotherapy (TFP) is an evidence-based treatment for the severe personality disorders, particularly borderline and narcissistic personality disorders.

The goals of the treatment are ambitious – personality change, as reflected in modifications in patients' defensive structure and better functioning and satisfaction in their interpersonal and work lives, as well as symptom change. Research has shown TFP to improve reflective functioning and security of attachment as well as symptoms.

TFP builds on a psychodynamic object relations model, combining it with an emphasis on the treatment frame in order to allow for a neutral stance and analytic work in patients with a tendency to act out.

The course begins with a review of the theory, principles, and techniques of TFP in light of the special clinical challenges presented by borderline and narcissistic patients. It moves on to case material. The instructors will provide the initial case material, including videotaped sessions. The course moves on to discussion of participants' cases.

Participants will receive a certificate from the Columbia University Center for Psychoanalytic Training and Research for the course as well as CME credits.

Meetings are weekly from September through June. The training is open to licensed Psychiatrists, PhDs, PsyDs, and Master's level therapists who are members of a psychoanalytic institute that is part of the American Psychoanalytic Association.

Tuesdays from 4:00 to 5:00 PM EST, Conducted by videoconference, Cost \$3,000.00

For an application or further information, please e-mail Judy Mars at [jk52@columbia.edu](mailto:jk52@columbia.edu)

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Psychoanalytic Association and the Columbia University Center for Psychoanalytic Training and Research. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this live activity for a maximum of 50 AMA PRA category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION: none of the planners and presenters of this CME program have any relevant financial information to disclose.



## Lots to Do and See in Chicago in June

Kathleen Carroll

This year's annual meeting, June 6–8, will again be held in Chicago. Home base for our meeting will be the historic Palmer House Hotel, at the corner of State and Monroe Streets, walking distance from the Chicago Institute for Psychoanalysis. Originally built as a wedding present from retail magnate Potter Palmer to his bride Bertha Honoré, the Palmer House has been reconstructed twice since. It is only blocks away from Millennium Park and the Art Institute.

Millennium Park, first planned in 1997, covers about 24.5 acres of parking lots and railroad tracks. An open bridge directly connects the park with the Art Institute of Chicago. You will find evidence of the Art Institute's influence throughout the park, from the many public pieces, including "Cloud Gate," locally referred to as the "Bean," and an interactive multimedia fountain and tower display. The park also houses the Jay Pritzker Pavilion designed by Frank Gehry. The Chicago Symphony Orchestra frequently performs in this venue, and many Chicago residents and visitors make use of the lawn for picnics during the performance. For information on the many free and public concert events, visit the website link for the Jay Pritzker Pavilion Schedule, which will be posted on the Millennium Park page in May: [http://www.cityofchicago.org/city/en/depts/dca/supp\\_info/millennium\\_park.html](http://www.cityofchicago.org/city/en/depts/dca/supp_info/millennium_park.html).

If you decide to explore the Chicago Art Institute, be sure to visit the French Impressionists. The Art Institute is home to "A Sunday on the Grande Jatte" by Seurat, as well as a number of others. Many of these world-renowned paintings come from the private collection of Bertha Honoré Potter, who discovered Renoir and Monet before the rest of the world caught on (she also posed for

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Kathleen Carroll, B.A., is a recent Colorado College graduate, volunteering for the current president of the Chicago Institute for Psychoanalysis. She manages a non-profit called "Grow" that assists college students to create peer-based mental health support groups on their campuses.

Rodin). If you are looking for a fine dining experience, visit Terzo Piano, located in the Modern Wing. Alternatively, Caffé Moderno offers the perfect outdoor location for a quick bite or glass of wine in Griffin Court.

### GREEK MARBLE, TIFFANY GLASS, AND PURPLE PIG

Continue your walk north along Michigan Avenue. You will pass the People's Gas Building, a classic example of Chicago architecture, at 122 South Michigan (once the tallest building on this block). The marble in the entrance was quarried from the same source as the Parthenon in Athens. Today it houses the Chicago Institute for Psychoanalysis, headquartered on the 13th floor. Similar historic landmarks, including the old Chicago Public Library, share our neighborhood. The Chicago Public Library is the nation's first and most comprehensive free municipal cultural venue, crowned by a dome made of Tiffany glass. If you would like more information concerning Chicago's history, this building now houses the Chicago Cultural Center, which offers free information on current events in Chicago as well as free musical performances. Of the more popular performances are "Juicebox," for children, and the "Sunday Salon," featuring various classical music artists.

If you are more interested in Chicago's architecture than its cultural heritage, visit the Chicago Architectural Foundation down the street at 224 S. Michigan Avenue. Enjoy walking tours of Chicago's most famous architectural locations, such as the Modern Skyscrapers Tour, or see Frank Lloyd Wright's homes in suburban Oak Park.

While you are touring along the landmarks on Michigan Avenue, take a shopping break. Visit Macy's, the former Marshall Field's building, which retains most of the original structure. Those of you traveling with children, try the Water Tower Place, home to the American Girl Place and Lego Store.

We suggest you enjoy a meal during your touring at one of the several restaurants within the Loop. The Purple Pig on North Michigan Avenue is perfect for an experimental palate. This restaurant is acclaimed

for its creative "pig inspired" cuisine. For a more traditional meal, try Quartino, Italian small plates, located on North State Street. If you are feeling particularly hungry and would like to try



Kathleen Carroll

Chicago cuisine, make a trip to the Billy Goat Tavern made famous by the iconic SNL sketch with John Belushi and Dan Ackroyd. Alternatively, a takeaway slice of Chicago's deep dish pizza after a long day of conferences may be the best course of action.

### BIKE AND BOAT TOURS

If this is not your first trip to Chicago, and you are interested in exploring new neighborhoods, consider taking a "City Bike Tour." The "Friendly Neighborhoods Tour" or the "Bike at Night" options allow you to visit such neighborhoods as Lincoln Park or Hyde Park. If you would prefer to travel by foot, consider a walk along the river, about 10 blocks west of Millennium Park. The Riverwalk is perfect on a warm day. For a more comprehensive architectural tour along the river, take a boat tour. The boating tours allow you to explore both the Chicago River and some parts of Lake Michigan, traveling as far as Navy Pier. If short on time, you may find this the most efficient method for viewing the city.

Try an enjoyable evening in the nearby theater district, for fine dining and theatrical performances. Many Chicago residents prefer the critically acclaimed Goodman Theatre, while others like the off-Broadway productions at the Oriental Theater. During our conference, the Goodman Theatre will be performing "Ask Aunt Susan," a comedy written by Seth Bockley. The Oriental Theater houses a permanent production of "Wicked," and "Motown The Musical" will also be showing this June. Any of these performances will certainly be a terrific way to fill the evening and round out your Chicago experience.

We hope you enjoy your stay in the city. Please feel free to contact us with questions or recommendations for food, entertainment, and more at [KC41691@gmail.com](mailto:KC41691@gmail.com). 

# New Members

## 2014 National Meeting

### Waldorf Astoria Hotel, New York

#### ACTIVE MEMBERS

Dina Abell, M.D.  
Devra B. Adelstein, M.S.W., LCSW  
Mary L. Ayre, M.D.  
Ayelet Barkai, M.D.  
Donna Bentolila, Ph.D., LCSW  
Alice M. Bernstein, Ph.D.  
Howard M. Bliwise, M.D.  
Kaye Bock, M.S.W., LCSW  
Deisy C. Boscan, Ph.D.  
Nancy Butler, M.D.  
Russell B. Carr, M.D.  
Sun Ju Chung, M.D., Ph.D.  
Alain Cohen, Ph.D.  
Michele Cohen, LCSW, FIPA  
Jamie C. Cromer, M.S.W., LCSW  
Cathryn Cunningham, M.D.  
M. Carole Drago, LICSW  
Laura Esikoff, M.A.  
Eran Feit, M.D.  
Jan L. Fretland, LCSW  
Luke Hadge, Ph.D.  
Roderick S. Hall, Ph.D.  
Ruth L. Hall, M.A.  
Talia Hatzor, Ph.D.  
Claudette M. Heisler, Ph.D.  
Mark A. Hokamp, LCSW  
Christine Jacobek, Psy.D.  
Angelica Kaner, Ph.D.  
Todd Kline, M.D.  
Mina Levinsky-Wohl, M.D., LCMHC  
Judith Felton Logue, Ph.D.  
James M. Mason, M.F.T.  
Monique Masse, M.D.  
Donald McDevitt, M.S., LCPC  
Jill McElligott, L.S.W.  
Paula Moreci, M.S.W., LCSW  
Tehela Nimroody, Ph.D.  
A. Johan Noordsij, M.D.  
Sule Ozler, Ph.D.  
Daniel Plotkin, M.D., M.P.H.  
Harry Polkinhorn, M.A., Ph.D.  
Karen Proner, M.S.

Bliss I. Rand, M.D.  
Eric Rankin, Ph.D.  
Marilyn Rifkin, LCSW  
Anne E. Rocheleau, Ph.D.  
Alicia A. Rojas, M.D.  
Kathleen Ross, Ph.D., LCSW  
Jeffrey A. Seiden, Psy.D.  
Wendy Selene, LCSW  
Ruth H. Shorr, M.A., LCPC  
Gabrielle H. Silver, M.D.  
Charles Stowell, M.D.  
Barbara Streeter, M.S., LPCC-S  
Jeffrey Thomas, M.S.W., LCSW  
Theodore R. Treese, M.D.  
Lorraine Weisman, M.A., P.C.C.  
Laura A. Westen, Ph.D.  
Randi E. Wirth, Ph.D.  
Nilufer E. Yalman-Chanin, Ph.D.  
Lyn Yonack, M.S.W.

#### CANDIDATE MEMBERS

Richard Angle, Ph.D.  
Elissa N. Baldwin, Ph.D., LCSW  
Nicholas Bartlett, Ph.D.  
Kristen Beuthin, LMFT  
Patricia Boguski, M.A., L.C.P.  
Sarah Bullock, M.S.W.  
Margarita Cala, M.D.  
Heath Canfield, D.O.  
Anna Chung, Ph.D.  
Barbara Cohen, Psy.D.  
Lee Damsky, Ph.D.  
Radhika Dani, M.D.  
John F. Egger, M.D.  
R. Robert Eskuchen, Jr., M.D.  
Claudia Feldman, Psy.D.  
Lauren Gumbiner, M.S.W., LCSW  
Sharon E. Harp, M.S.W.  
Gina Joy-Reyes, Psy.D.  
Rania Kanazi, M.S.W., LCSW  
Kiana Keihani, Ph.D.  
Vijay V. Khilanani, M.D.  
Hannah Kliger Peltz, Ph.D., LCSW

Andrew Kopelman, M.D.  
Andi Lyn Kornfeld, LMFT  
Hamin Lee, M.D.  
Evan Leibu, M.D.  
Shirley C. Malove, M.S.W.  
Deborah Manegold, M.D.  
Sonya Martin, M.D.  
Maria G. Master, M.D., J.D.  
Rachel McBride, Psy.D.  
Kathleen Molly McShane, M.D., MHP  
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Dhipthi Mulligan, M.D.  
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Richard C. Walters, M.A.  
Jonathan Weiss, M.D.  
Valerie Wevers, LPCC  
Kristin Whiteside, Ph.D.  
Micki Wierman, M.A.  
David J. Williams, M.D.  
Garret Wyner, Ph.D., Psy.D.  
Lazaro Zayas, M.D.

#### ACADEMIC ASSOCIATE MEMBER

Kuan-Yu Chen, M.D.


## Come to Chicago

*Continued from page 24*

analysts to develop a footprint as a public intellectual. This hands-on workshop will focus on the mechanics of writing letters to the editor and blog entries using psychoanalytic experience as a framework for commentary. Joining us from Peru, by way of Cambridge, Mass.,

Stefan Reich will engage colleagues in an interactive workshop of adaptive leadership, illuminating how to meld analytic concepts with ideas from leadership consulting to create opportunities for consulting and teaching. A third workshop, offered by Will Braun and GERALYN LEDERMAN is oriented to strengthening the capacity of analysts to use microsites (like APsA's "Find an Analyst" and *Psychology*

*Today's* "Find a Therapist") and social media to expand their practices. Each workshop will be offered twice, over the course of the June meeting, to maximize opportunities for participation.

Come to Chicago! Engage with colleagues, update your referral network, develop new skills to use your psychoanalytic knowledge, and extend your base of operations. Be part of shaping the future of psychoanalysis. 



## Must the Artist Fall in Love with Death? Jean Cocteau's *Orphée*

Lissa Weinstein

Bruce H. Sklarew, Film Column Editor

The word *mythos* describes a spoken narrative that is altered, inevitably each time it is retold. Myth functions as a pre-text; hence its similarity to the dream. Manifest versions are communicated as written (or filmed) texts, through which we ascertain the underlying latent unconscious structures. Myth, like the Janus-faced ego, turns outward to connect with society, as well as the interior.

A most generative archetype, the legend of Orpheus bears multiple meanings as particular strands are altered to fit individual expressive needs and shifting historical contexts—a story of undying love, a metaphor for the pain of relinquishing an absent object, a depiction of the permeable boundary between our world and death, a meditation on the creative process.

In *Orphée*, we find Cocteau's lifelong pre-occupation with the myth as an expression of the artist's search for creative rejuvenation through the "beyond"; Orpheus, poet and priest who, Christ-like, returns from the dead.

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Lissa Weinstein, Ph.D., is an associate professor in City College's doctoral clinical psychology program and a graduate of the New York Psychoanalytic Institute. Her film papers have appeared in *Projections*, *Projected Shadows*, *Psychoanalytic Inquiry*, *Psychoanalytic Psychology* and *Rivista di Psicoanalisi*.

Bruce H. Sklarew, M.D., an associate editor and co-founder of the award-winning *Projections: The Journal for Movies and Mind*, organizes the film programs at meetings of the American Psychoanalytic Association and has co-edited two books on psychoanalysis and film.

Conceived in the traumatic aftermath of occupation during WWII, the film locates its underworld in the bombed out ruins of St. Cyr, exploring the nature of Eros in a world permeated by death and destruction.

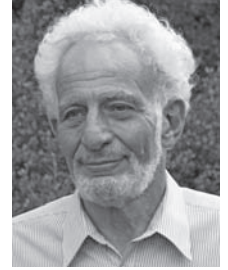
By transforming Death into a character rather than an abstract concept, Cocteau allows us to observe the usually silent permutations of Thanatos. By altering the affective heart of the myth so that the relationship between Orpheus and Death is central, Cocteau is able to study the transformation of loss into more integrated states of selfhood, the route from narcissism to generativity, the role of sublimatory outlets in binding the death instinct and the journey into the unconscious as a necessary prerequisite to creativity.

Cocteau's Orpheus, a staid bourgeois poet whose inspiration failed him, is scorned by the avant-garde, who prefer the inscrutable verses of the young Cegeste. Orpheus first glimpses the coldly elegant princess, "Death," through a window in the Café des Poets. Inexplicably drawn to her, he obeys when she summons him to her Rolls Royce after Cegeste is killed by two leather-coated motorcyclists. The car rushes toward a twilight countryside, its radio offering enigmatic messages from the beyond.

The landscape, shot using negative film, proposes death as an inverse reality, a realm of dark reflections. Heurtebise, Death's chauffeur, is filmed from the back seat, as he looks into his rearview mirror. The theme of reflections and reversibility continues at Death's chateau; Death's henchman carry Cegeste upstairs, the scene first shot from below with Orpheus looking up and then with Orpheus looking down from the top



Lissa Weinstein



Bruce H. Sklarew

of the stairs. The surfeit of doorways, portals, and stairs and the numerous camera angles from which they are filmed serve to present the descent into Hades as a journey into the labyrinth.

The dead Cegeste rises as if alive to be initiated into the "other world," leaving Orpheus to wonder whether what he sees is dream or reality. Orpheus observes as Death, her henchman and Cegeste exit through the mirror, the door through which Death comes and goes. Orpheus faints, awakening next to a puddle that reflects his image and is driven home by Heurtebise.

Cocteau's Orpheus, close to Narcissus, shows little interest in devoted, bourgeois Eurydice, who tries unsuccessfully to tell him she is pregnant. Instead, Orpheus is enamored of the poems that stream from the radio in the princess's Rolls Royce, betraying both his wish to be near her and to own the phrases he believes will "astonish" the bohemians. The poems emerge from the other world in exact repetitions, their invariance representing the intrusion of death's stasis into language. Unbeknownst to Orpheus, Death comes to his bedroom nightly to watch him sleep.

The transcribed poems that Orpheus sends to his editor turn out to have been written by the dead Cegeste. The police call Orpheus into the city for questioning. The filmed city is reminiscent of a De Chirico painting, its ominous arches offering passage into the unknown. Spotting the elusive princess, Orpheus pursues her as she moves in and out of the dark solitude; she remains an obscure object of desire. The labyrinthine streets anticipate the descents to the underworld reminding us that death penetrates the "upper" world, always present even when hidden by noisy Eros.

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## Jean Cocteau's *Orphée*

Continued from page 27

Eurydice's death will similarly involve passages through doors and portals. Heurtebise, seeing Eurydice run down by Death's cyclists, carries her to her bedroom. The princess enters through the mirror followed by Cegeste, who keeps Orpheus from interfering by transmitting repetitive nonsensical "poetry."

Heurtebise, aware of Death's fascination with Orpheus, accuses the princess of having killed Eurydice in order to have him for herself. In an all-too-human rage at Heurtebise's accusation, Death loses her ability to pass smoothly through the mirror, leaving it shattered on her return to the underworld. Heurtebise offers to accompany Orpheus into the underworld to retrieve Eurydice, aware that Orpheus is more enamored of Death than his wife.

Passing through the mirror, the two men careen past shattered doorways, burnt out walls, and half-window jambs to find Death before a harsh tribunal, on trial for her transgression of arranging Eurydice's death without "orders." The judgment: Orpheus can leave with Eurydice provided he does not look back or tell what he has seen. Orpheus wants only to be with Death, who has confessed her love for him to the judges.

After Orpheus and Eurydice return to the upper world, the scene is comical, more like the French slang for a bored lover (he can't stand to look at her anymore) than eternal love. Tormented Eurydice arranges her own death; Orpheus's famous look back takes place in the car's rear view mirror. When the bohemians who blame him for Cegeste's disappearance attack, Orpheus submits, welcoming his fate. He descends again to the underworld, where the Princess awaits. Transformed by desire, she is now subject to the painful affect of longing. Yet Death conspires to undo what has taken place. With Heurtebise's help, she "labors" to strangle Orpheus; her pained ecstatic expression suggests birth. Now, their love will exist only in the poetry he will create—their child. Orpheus's death in the underworld signals his return to life. Orpheus and Eurydice awaken as from a midsummer night's dream, in what appears to be a parody of heavenly ecstasy while Heurtebise and Death will face an even deeper circle of hell where unimaginable torments await.

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### CIPS - NAPsaC CONFERENCE

#### TRAUMA, DESTRUCTION AND TRANSFORMATIVE POTENTIAL

**MAY 16 - 18, 2014 Ritz-Carlton Battery Park, NYC**

The CIPS Board is delighted to announce a co-sponsored Biennial Clinical Conference with NAPsaC, our North American Regional Association. The conference opens on Friday afternoon with a distinguished panel, featuring Maxine Anderson, Fred Busch, Michael Diamond and Robert Pyles. Alexandra Billingshurst, Vice President of the IPA, will serve as moderator.

The Clinical Conference is unique in that it focuses entirely on group process. No papers are presented at the clinical conference. Participants will meet in small groups and take turns presenting their material related to the theme of this year's conference. At the Plenary Session on Sunday, each facilitator will summarize their groups' experience to the larger conference group. Discussion of the theme co-mingles with comments about the conference experience. This year's theme of "Trauma and Transformative Potential" will be further highlighted by the setting for the weekend at the Ritz Battery Park, and a tour of the 9/11 Memorial Site.



#### Ritz-Carlton Battery Park May 16-18, 2014

##### Friday, May 16, 2014

Registration 3:00 to 4:00

Panel Discussion 4:00 to 6:00

Reception 6:00 to 8:00

Panel Speakers: Fred Busch, Maxine Anderson, Robert Pyles

Moderator: Alexandra Billingshurst

##### Saturday, May 17, 2014

Breakfast

Morning Small Group Sessions Lunch

Afternoon Small Group Sessions 9/11 Museum trip

Cocktail Party

##### Sunday, May 18, 2014

Breakfast

Morning Small Group Session 11:00 to 12:00 Plenary / Conference

Close



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#### SPONSORING ORGANIZATIONS

NAPsaC is the acronym for the *North American Psychoanalytic Confederation*, an association of North American IPA Groups which includes the American Psychoanalytic Association.

CIPS is the acronym for the *Confederation of Independent Psychoanalytic Societies*.

Death undergoes the more profound transformation from narcissism to generativity. Her chilling demeanor vanished, she sacrifices herself for Orpheus's immortality. Like timeless Eros, she believes their love has always existed; Orpheus's description of her as "burning like ice" is a well-known representation of desire from Sophocles. Thus Cocteau reaffirms the inextricable tie of Thanatos and Eros in creativity.

Film offered Cocteau the ideal medium to examine death, creativity, and the unknown. In film, people are both present and absent, a parallel to the underworld where the dead exist in itinerant forms while their immobile remains are buried. Film's technological tricks allowed him to represent the reversibility of time; vanishings by fade-out and materialization by fade-in became visual metaphors for reversing death. Montage worked to depict the non-sequential, dreamlike narrative. Opposites form the core of the film: presence and absence, contrasts of light and dark, and the doorways that mark the boundaries between zones of life and death. These images form the visual poetry of the film,

superior to dialogue in decoding its multiple levels of meaning and reference. The interpenetration of opposites drives the narrative structure—itsself constructed out of fragments that do not always cohere.

Although *Orphée* is autobiographical, it captures much of the beauty of the original myth. Like *Orphée*, Cocteau struggled with his place in French literature. His mixing of modern context with mythical allusions created a film both real and supernatural, mimicking the confrontation of ordinary life with the invisible mysteries that feed creativity. While its overt form is a thriller, a French gangster movie melded with a war/resistance drama, it is an immortal thriller with every image a condensation. Death's Rolls Royce is simultaneously a conveyance across the River Styx; her headquarters in the ruins of St. Cyr condense Hades and the hell of German occupation.



Death's "orders" from unknown superiors mimic the pyramidal structure of the resistance, while expressing the inherent unknowability of the drive. The tribunals copy the Communist purges after France's liberation while still representing the judgmental punishing superego.

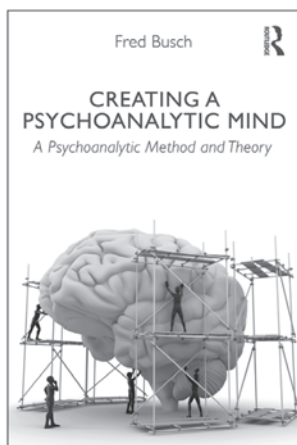
Both the underworld and the creative, generative aspects unconscious share an absence of time and distance,

lack "whys and reasons," and equate opposites. Both are storehouses of memory and repetition. It is Cocteau's genius to have shown us the interpenetration of the underworld, with its lost inhabitants mired in delusion and invariant repetitions, and the "heavenly" ending scene, to suggest that the mirror that births the self also opens the portal of death. His magnificent images of paradox remain long after the dialogue fades from memory.

APSA

NEW FROM FRED BUSCH...

## CREATING A PSYCHOANALYTIC MIND



### *A Psychoanalytic Method and Theory*

'In my view Fred Busch is an authentically international psychoanalyst not only because of his wide and brilliant culture, but more specifically because of his capacity for dialogue and his special skill in understanding the other's mentality and position: an attitude that creates new spaces, new encounters, new shared visions both in the clinical work and in the scientific interchange.' — Stefano Bolognini, M.D., President, International Psychoanalytic Association

*Creating a Psychoanalytic Mind* is derived from an increasing clarification of how the mind works that has led to certain paradigm changes in the psychoanalytic method. While the methods of understanding the human condition have evolved since Freud, the means of bringing this understanding to patients in a way that is meaningful have not always followed. Throughout, Fred Busch illustrates that while the analyst's expertise is crucial to the process, the analyst's stance, rather than mainly being an expert in the content of the patient's mind, is primarily one of helping the patient to find his own mind.

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## Can We Survive?

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They have gone from grave states to renewed enthusiasm reflected in sizable new classes after years of drought. But of concern, about one-third of our institutes are vulnerable to very uncertain futures. Many of these have a "lost generation" of members who have not pursued certification or training analyst careers.

We have also noticed important trends. Our youngest institutes often are our smallest and tend to be among the most vulnerable. Institutes more substantially integrated into university and medical centers tend to be in the healthiest category. Institutes with internal acrimony or which have faced trauma tend to struggle, especially without assistance. Importantly, despite the challenges we are facing, the national numbers of matriculating candidates are and have been stable during the last 10 years.

### THE ROLE OF STANDARDS IN OUR PROFESSIONAL AND ORGANIZATIONAL CRISIS

In the face of threat groups tend to battle, either against the external threat or among each other. It is not coincidence that our conflicts over standards crescendo as our external threats mount. There is always a fantasy in groups that if Jonah can be found and thrown overboard, the seas will calm. In the context of clamor by some that certification, the training analyst system, and our standards are to blame and against the backdrop of serious questions about the place of educational functions in our organization, the Board on Professional Standards invited an expert on professional organization structures, Dr. Ulric Chung, to inform us on these matters. Chung is not a clinician or attorney but is nationally recognized for his knowledge of professional organizational structures. His goal was to impart information relevant to the serious questions we face and not to sway us one way or the other. He was aware that a primary objective of APsA's Strategic Plan is to "move to a governance structure, operations, and policy and procedures consistent with

model professional association best practices." While his presentation and the discussion that followed are too lengthy to include in its entirety, we have highlighted below key points he made relevant to our professional and organizational crisis:

1. A certificate of graduation is not certification, and would carry no external credibility as such.
2. Certification is a credential that should be promoted in our representation of ourselves to the public and other professions, and we have undercut ourselves as a profession by not doing so. He knows of no profession that does not have certification.
3. Although accrediting agencies and credentialing bodies should have procedures for taking and considering input from practitioners and the public, federal rules and non-governmental best practices include firewalls to prevent the governing boards of professional/trade associations from having undue influence that might jeopardize the independence of accrediting agencies and credentialing bodies in making decisions in the public interest.
4. Modern professional organization structures demand that credentialing and accrediting bodies be firewalled for autonomy if they remain a part of the membership organization or are fully externalized into three organizations: credentialing, accrediting and membership. The latter model has been the expectation of the Department of Education since October 1991.
5. Multiple standards and levels of credentialing and accreditation detract from any profession's ability to credibly and effectively advocate for that profession to the public, government, licensing boards, insurance industry, and modern health care table. In a later discussion, Chung stated, "You have to know who you are to represent yourself or advocate...if you are everyone you are no one."
6. Every group believes they are different enough for these modern expectations to not apply to them.

7. The reason for separating education and membership functions is for the very circumstances we find ourselves in. The pressure to lower standards in order to recruit more student and graduate members leads to a slow erosion of quality. This erosion is increasingly visible to outsiders. The profession becomes less rigorous and less credible to others.

After an inquiry from one of our members as to why we are bothering with these issues when our profession is in such crisis, the question was reframed to Chung as "What would happen to us if we 'took our hands off the wheel' and relinquished credible credentialing and accreditation functions?" His response was "You will die as a profession." He elaborated that successful professions include a rigorous, standardized education system and a credentialing process to give a final stamp of approval on the graduate. The dilution of credentialing and accrediting becomes part of a larger process eroding the general significance of evaluation and standards of competence. The difficult work of articulating, assessing and ensuring levels of competence gives way to increasingly diffuse, unformulated and unexamined goals for professional skills, conduct and identity. Chung pointed out that while every professional group believes that it is an exception, that it does not need to demonstrate that it has high standards, when that task is ignored, the group begins to operate at lower and lower levels of functioning, and ultimately fails to distinguish itself from other treatments and professions.

### CONCLUSION

Chung's words are sobering. We can destroy the messenger or listen and think carefully. If we continue to fight each other within our organization any victory will be pyrrhic. Alternatively we can work together to thoughtfully consider how in these perilous times we can adapt while still preserving the knowledge and skills that define our profession and by doing so, survive as a credible profession in the modern era.



# Sovereign Right

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The prediction of the Pyles brothers has largely come to pass as it has become clear that the HIPAA Privacy Rule was no longer about patient privacy but had morphed into a rule about unconsented disclosures. True, HIPAA technically protected patient privacy in certain respects, but while the front door was bolted tightly, the back door was left ajar, and what was intended to be the “floor” of privacy protection for patients has become the “ceiling.” Such is the case in Hawaii, where pharmaceutical companies, insurance companies, and employers pressured legislators to forgo stronger state laws in lieu of less restrictive HIPAA regulations.

Since HIPAA went into effect, patient privacy has continued to be degraded. In *Sorrell v. IMS Health Inc. (2010)*, the United States Court of Appeals for the First Circuit concluded that a Vermont law banning data mining companies from selling prescription information to pharmaceutical companies was unconstitutional. This decision was appealed to the United States Supreme Court in 2011 by the state of Vermont, but the Supreme Court upheld the decision of the First Circuit and agreed that the Vermont law limited the right to free speech of the data mining companies, arguing that since the government already had access to this information for purposes of research, industry should have similar access.

This begs the question about why the government should have access to such data to conduct research without patient consent and is contrary to the Nuremberg Code, which largely forms the basis of the Code of Federal Regulations issued by HHS to govern federally funded human subject research. Here the research interests of the government and the commercial interest of data mining companies trump the right of patients.

Consequent to this decision, in January of this year one such data mining company, IMS Health Holdings, announced it would begin selling stock on the New York Stock Exchange. It along with other listed corporations are deriving significant revenue from the sale of personal health data to over 5,000 clients.


Our own Deborah Peel of Patient Privacy Rights stated in her blog, “All purchases and subsequent sales of personal health records are hidden from patients.” She stated further, “Despite claims that the data sold is ‘anonymous,’ computer science has long established that re-identification is easy.”

IMS Health Holdings boasted, “We have one of the largest and most comprehensive collections of health care information in the world, spanning sales, prescription and promotional data, medical claims, electronic medical records and social media. Our scaled and growing data set, containing over 10 petabytes of unique data, includes over 85 percent of the world’s prescriptions by sales revenue and approximately 400 million comprehensive, longitudinal, *anonymous* patient records.” Such data mining companies profit from information derived from patients without their knowledge and without compensating them, which should be considered a form of confiscation and a violation of the sovereign rights of patients and clinicians. Again, anonymity is a term that had more meaning before the computer age.

## EXCHANGES EXEMPTED FROM HIPAA

The inevitable distrust of patients when they realize that their personal health information is being sold in the marketplace will be exacerbated when they learn that the federal health insurance exchanges are not subject to the suboptimal privacy protections of HIPAA, and if there is a breach of medical records on federal exchanges, patients would not be notified unless “harm” could be demonstrated.

In an effort to restore trust in the transformed health care system, Jim Pyles has written a letter to Congressman Joe Pitts (R-PA) in behalf of APsA supporting the Health Exchange Security and Transparency Act of 2014 that would require notification of patients in the event of breaches of personally identifiable information through federal exchanges. That bill has already passed in the House of Representatives and is expected to pass in the Senate.

Sixty million Americans have had their personal health information breached since 2005, 21 million since September 2009. We are certain that there will be breaches in the exchanges. When those breaches occur, it will be in the backdrop of wider societal concerns about the loss of privacy in relation to corporations and the government, affording an opportunity for CGRI to reintroduce the Patients’ Bill of Rights. Our aim is to reinforce trust in health care by recognizing sovereignty of patients to contract freely with clinicians without sacrificing privacy. 

# In Memoriam

David W. Allen, M.D. <i>April 1, 2012</i>	Meyer S. Gunther, M.D. <i>November 23, 2013</i>	Stephen L. Post, M.D. <i>April 6, 2011</i>
Carol C. Austad, M.D. <i>July 4, 2013</i>	Peter Hartocollis, M.D., Ph.D. <i>September 24, 2013</i>	John Paul Pratt, M.D. <i>May 22, 2012</i>
Martin S. Bergmann, Ph.D. <i>January 22, 2014</i>	Irene N. Harwood, Psy.D., Ph.D., M.S.W. <i>December 11, 2013</i>	Edwin F. Price, M.D. <i>April 5, 2011</i>
Richard S. Blacher, M.D. <i>January 16, 2014</i>	Bernard S. Hellinger, M.D. <i>January 5, 2012</i>	David Emerson Reiser, M.D. <i>August 12, 2013</i>
C. Martel Bryant, M.D. <i>October 26, 2013</i>	Roy K. Lilleskov, M.D. <i>November 11, 2013</i>	Lois L. Schwartz, M.D. <i>October 26, 2012</i>
Sanford I. Cohen, M.D. <i>September 18, 2013</i>	Sydney M. Lytton, M.D. <i>July 31, 2013</i>	Barbara A. Torpie, M.D. <i>April 21, 2013</i>
James F. Dyde, M.D. <i>November 16, 2013</i>	Charles E. Magraw, M.D. <i>December 30, 2013</i>	Herbert Wieder, M.D. <i>July 13, 2013</i>
Sanford Gifford, M.D. <i>December 19, 2013</i>	Henry F. Marasse, M.D. <i>May 3, 2012</i>	John P. Witt, M.D. <i>January 4, 2014</i>
Saul Glasner, M.D. <i>January 28, 2011</i>	Ghislaine Godenne, M.D. <i>November 23, 2013</i>	Sheldon Wolfe, M.D. <i>August 17, 2013</i>
		Harry B. Woods, M.D. <i>July 14, 2013</i>



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